

**MANAGEMENT OF SMALL RENAL MASSES**

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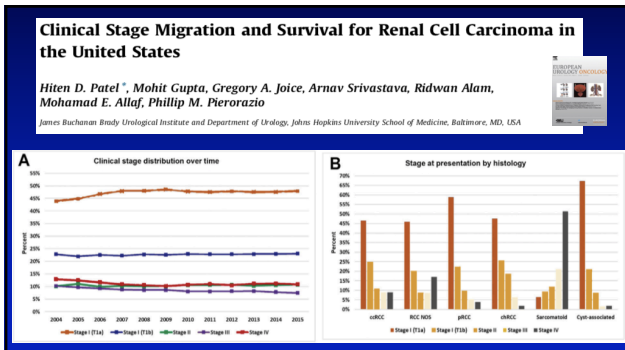












### Clinical Stage Migration and Survival for Renal Cell Carcinoma in the United States

Hiten D. Patel\*, Mohit Gupta, Gregory A. Joice, Arnav Srivastava, Ridwan Alam, Mohamad E. Allaf, Phillip M. Pierorazio

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**Table 1 - Change in tumor size at presentation for renal cell carcinoma from 2004 to 2015 (National Cancer Database, 2004-2015).**

Clinical stage	2004		2015		Coefficient, mm/yr <sup>a</sup>	p value
	Median (mean), cm	IQR, cm	Median (mean), cm	IQR, cm		
Stage I (T1a)	2.70 (2.75)	2.0-3.5	2.60 (2.67)	2.0-3.3	-0.079	<.001
Stage I (T1b)	5.10 (5.52)	4.5-6.0	5.00 (5.18)	4.5-6.0	-0.262	<.001
Stage I (All)	3.50 (3.70)	2.5-4.6	3.20 (3.48)	2.3-4.5	-0.144	<.001
Stage II	9.00 (10.91)	8.0-11.0	8.90 (9.67)	7.6-10.6	-0.760	<.001
Stage III	7.50 (8.30)	5.0-10.0	7.50 (8.22)	5.3-10.0	-0.026	0.851
Stage IV	8.00 (9.05)	5.6-11.0	8.20 (9.10)	5.8-11.0	0.140	0.299

### Guidelines on Renal Cell Carcinoma

Recommendations

Offer surgery to achieve cure in localised renal cell cancer.	grade	strong	↑↑
Offer partial nephrectomy to patients with T1 tumours.	grade	strong	↑↑

**Guideline for Management of the Clinical T1 Renal Mass**

Steven C. Campbell,\*,† Andrew C. Novick,‡ Arie Beldegrun,§ Michael L. Blute, George K. Chow, Ithaar H. Derwees, Raymond J. Leveillee,|| Surena F. IV

From the American Urological Association Education and Research Foundation

NCCN Clinical Practice Guidelines in Oncology

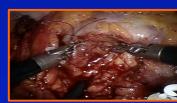

**Kidney Cancer**

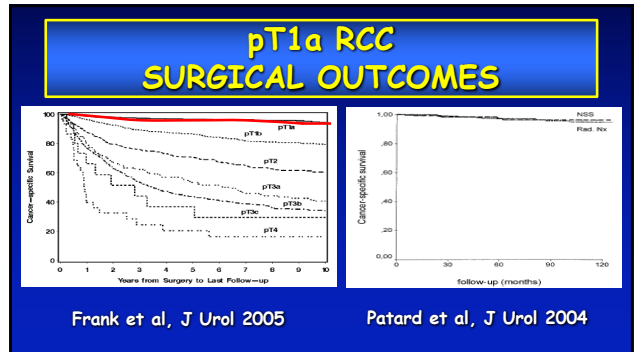
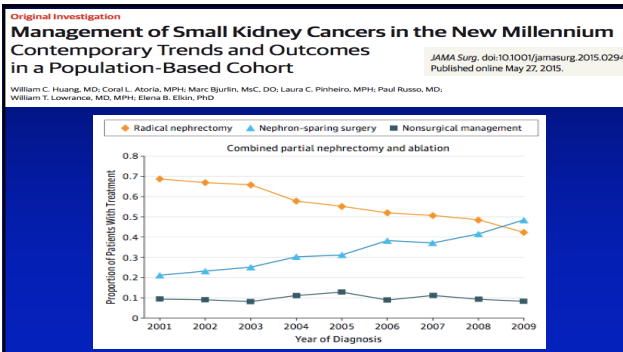
- Nephron-sparing surgery (partial nephrectomy) is appropriate in selected patients, for example:
  - Small unilateral tumors (T1a and selected patients T1b)
  - Uninephric state, renal insufficiency, bilateral renal masses, familial renal cell cancer

### EAU Guidelines on Renal Cell Carcinoma

Recommendations

Offer surgery to achieve cure in localised renal cell cancer.	Strength rating	Strong
Offer partial nephrectomy to patients with T1 tumours.	Strength rating	Strong



**A Prospective, Randomised EORTC Intergroup Phase 3 Study Comparing the Oncologic Outcome of Elective Nephron-Sparing Surgery and Radical Nephrectomy for Low-Stage Renal Cell Carcinoma**

Hendrik Van Poppel<sup>a,\*</sup>, Luigi Da Pozzo<sup>b,1</sup>, Walter Albrecht<sup>c</sup>, Vsevolod Matveev<sup>d</sup>, Aldo Bono<sup>e</sup>, Andrzej Borkowski<sup>f</sup>, Marc Colombel<sup>g</sup>, Laurence Klotz<sup>h</sup>, Ella Skinner<sup>i</sup>, Thomas Keane<sup>j</sup>, Sandrine Marreaud<sup>k</sup>, Sandra Collette<sup>l</sup>, Richard Sylvester<sup>h</sup>

There were 12 renal cancer-related deaths: 4 in the RN group and 8 in the NSS group. The estimated risk of death from renal cancer was not significantly higher in the NSS arm (HR: 2.06), with a very wide CI (95% CI, 0.62–6.81; Gray's test  $p=0.23$ ) resulting from the small number of renal cancer-related deaths.

**Conclusions**  
 Partial nephrectomy achieves similar oncological outcomes of radical nephrectomy for clinically localized renal tumours (cT1).

LE 1b

**Chronic kidney disease after nephrectomy in patients with renal cortical tumours: a retrospective cohort study**

William C Huang, Andrew S Long, Angel M Soria, Mark Snyder, Andrew Videns, Ganesh V Baj, Peter T Scardino, Paul Russo

Interpretation Because the baseline kidney function of patients with renal cortical tumours is lower than previously thought, accurate assessment of kidney function is essential before surgery. Radical nephrectomy is a significant risk factor for the development of chronic kidney disease and might no longer be regarded as the gold standard treatment for small, renal cortical tumours.

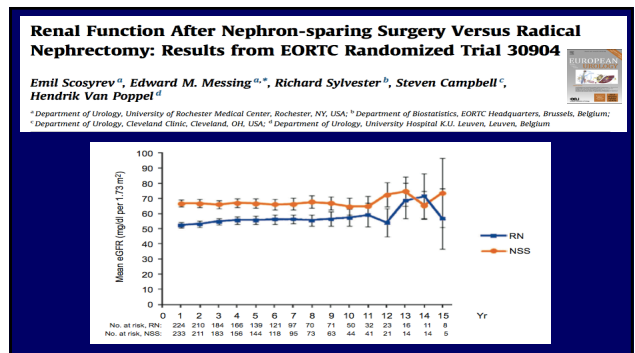
**Renal Function After Nephron-sparing Surgery Versus Radical Nephrectomy: Results from EORTC Randomized Trial 30904**

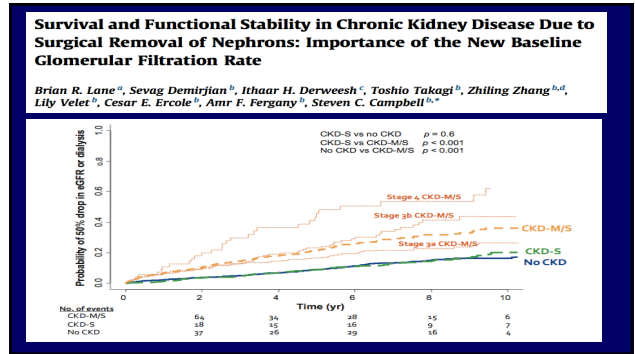
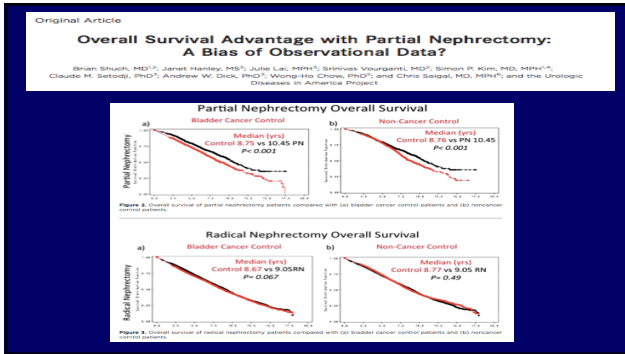
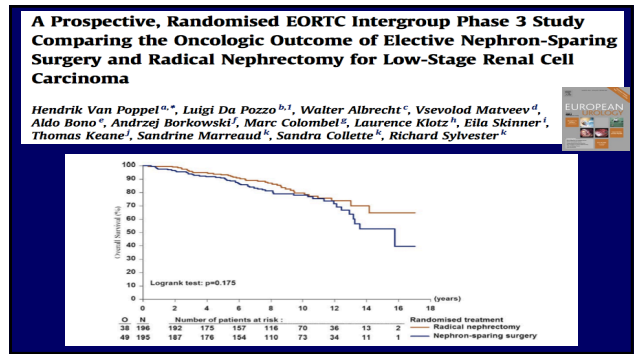
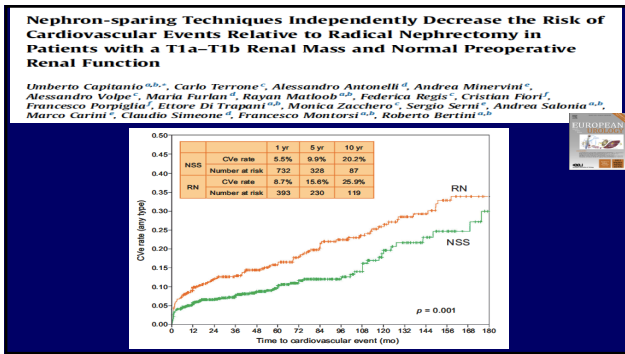
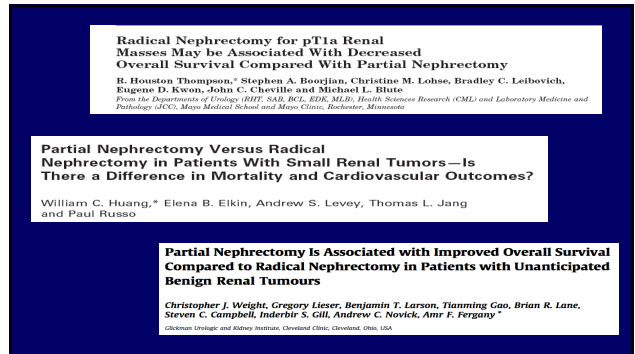
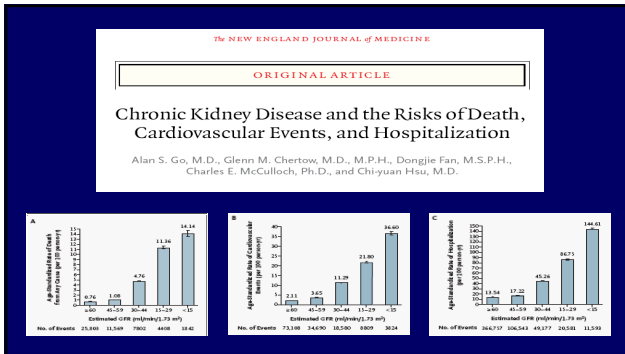
Emil Scosyrev<sup>a</sup>, Edward M. Messing<sup>a,\*</sup>, Richard Sylvester<sup>b</sup>, Steven Campbell<sup>c</sup>, Hendrik Van Poppel<sup>d</sup>

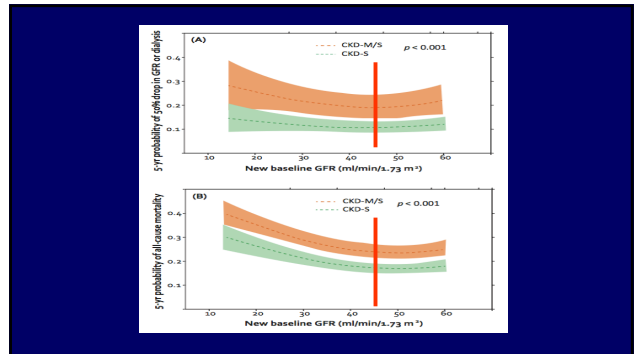
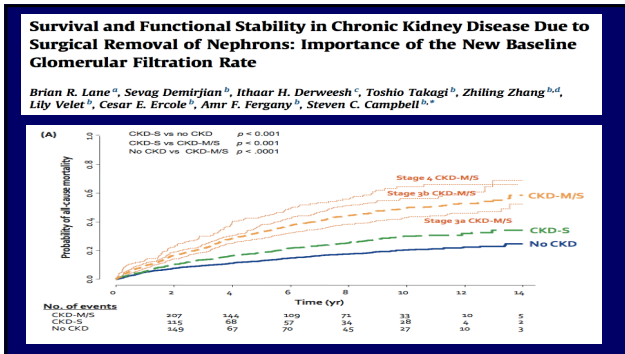
**Table 2 - Analysis of lowest estimated glomerular filtration rate (eGFR) and last eGFR according to specified binary cut-offs, by assigned treatment (median follow-up 6.7 yr)**

eGFR	Outcome	RN (n = 259)		NSS (n = 255)		Difference, %	95% CI	P <sup>†</sup>
		No.	%	No.	%			
Lowest	eGFR < 60	222	85.7	165	64.7	21.0	(13.8–28.3)	<.0001
	eGFR < 30	26	10.0	16	6.3	3.7	(–1.0 to 8.5)	
	eGFR < 15	4	1.5	4	1.6	–0.1	(–2.2 to 2.1)	
Last	eGFR < 60	124	39.7	39	15.3	24.4	(11.9–36.9)	<.0001
	eGFR < 45	64	24.7	34	13.3	11.4	(4.7–18.1)	
	eGFR < 30	17	6.6	9	3.5	3.1	(–0.7 to 6.8)	
	eGFR < 15	3	1.2	2	0.8	0.4	(–1.3 to 2.1)	

CI = confidence interval; NSS = nephron-sparing surgery; RN = radical nephrectomy.  
<sup>†</sup>Wilcoxon-Mann-Whitney test.







### Comparison of Perioperative Outcomes Between Robotic and Laparoscopic Partial Nephrectomy: A Systematic Review and Meta-analysis

Ji Eun Choi<sup>a</sup>, Ji Hye You<sup>a</sup>, Dae Keun Kim<sup>b</sup>, Koon Ho Rha<sup>b,c</sup>, Seon Heui Lee<sup>c,\*</sup>

Studies included in meta-analysis (n = 23)

2240 RAPN

No significant difference in:

- operative time
- estimated blood loss
- complication rate
- positive margins

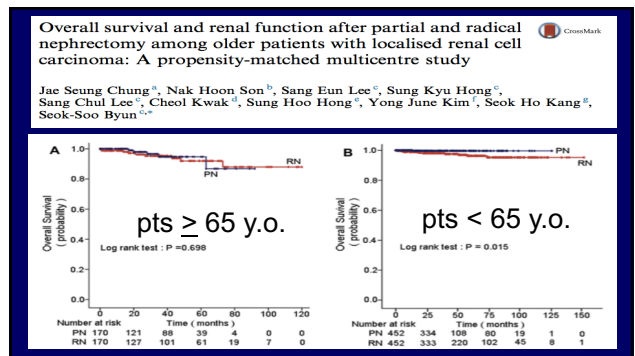
Lower rate of conversion to open /radical surgery (p=0.02)

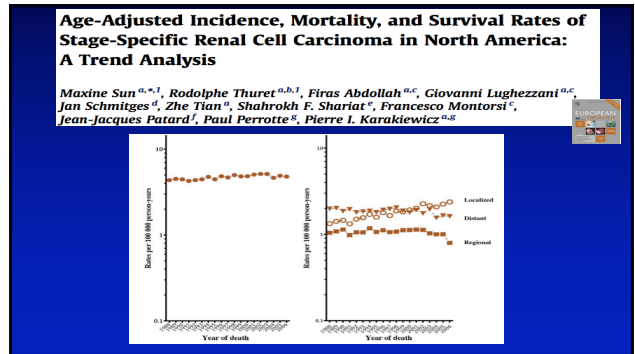
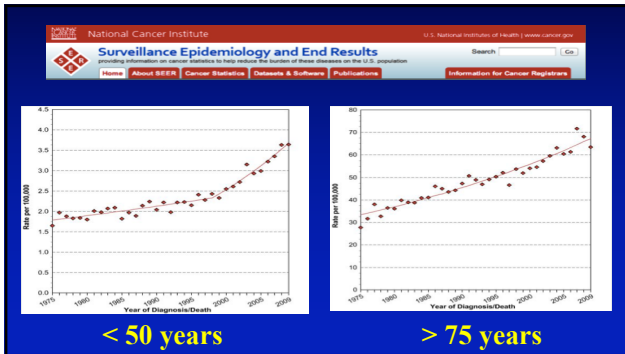
Shorter length of stay (p=0.04)

Shorter WIT (p=0.005) and smaller eGFR change (p=0.03)

### EAU Guidelines on Renal Cell Carcinoma

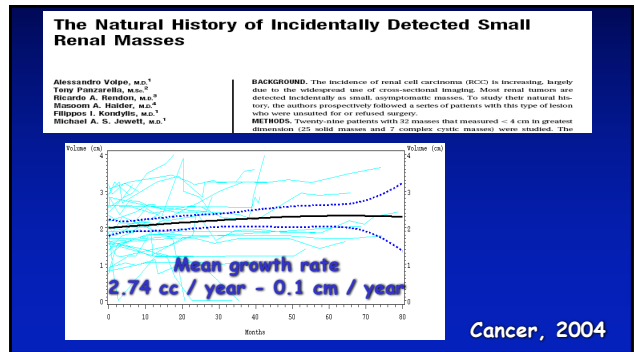
Partial nephrectomy can be performed, either with an open, pure laparoscopic or robot-assisted approach, based on surgeon's expertise and skills.





## SMALL RENAL MASSES NATURAL HISTORY

Natural history of renal tumors has been poorly understood since the gold standard treatment is surgical removal soon after diagnosis



VIEWPOINT  
NATURE CLINICAL PRACTICE UROLOGY                      XXX 2007 VOL 4 NO X

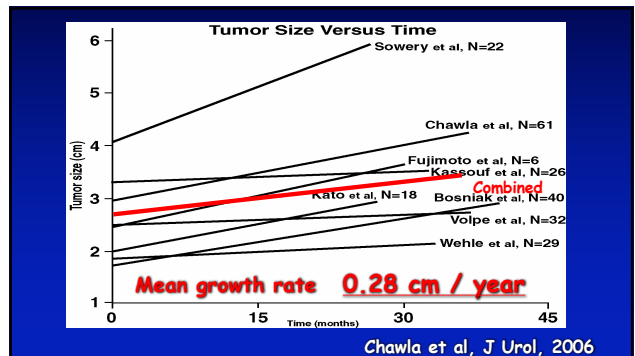
### The role of surveillance for small renal masses

Alessandro Volpe and Michael AS Jewett\*

## ACTIVE SURVEILLANCE

Initial monitoring of growth rate and clinical behaviour of a SRM with serial abdominal imaging

Delayed treatment for tumors who show a fast growth or clinical progression during follow-up



## Review Articles

### The Natural History of Observed Enhancing Renal Masses: Meta-Analysis and Review of the World Literature

Sam N. Chawla, Paul L. Crispen, Alexandra L. Hanlon, Richard E. Greenberg, David Y. T. Chen and Robert G. Uzzo\*

From the Departments of Urologic Oncology and Biostatistics (ALH), Fox Chase Cancer Center, Temple University School of Medicine, Philadelphia, Pennsylvania

**Purpose:** Standard therapy for an enhancing renal mass is surgical. However, operative treatment may not be plausible in all clinical circumstances. Data on the natural history of untreated enhancing renal lesions is limited but could serve as a decision making resource for patients and physicians. We examined available data on the natural history of observed solid renal masses.

Table 2. Meta-Analysis of available pathological findings in renal masses that underwent observation

Reference	No. Lesions	No. Pathological Findings Available (%)	No. RCC Pos (%)	No. Biopsy (%)	No. Progression to M+ (%)
Fujimoto et al <sup>11</sup>	6	6 (100)	6 (100)	0	0
Hosniak et al <sup>12,13</sup>	40	26 (65)	22 (55)	4 (15)	0
Osaka et al <sup>14</sup>	16	16 (100)	16 (100)	0	0
Nakagawa et al <sup>15</sup>	36	4 (15)	4 (100)	0	0
Nijpe et al <sup>16</sup>	32	9 (28)	8 (89)	1 (11)	0
Wolke et al <sup>17</sup>	29	3 (17)	4 (80)	1 (20)	0
Kato et al <sup>18</sup>	18	18 (100)	18 (100)	0	0
Lamb et al <sup>19</sup>	36	24 (67)	23 (96)	1 (4)	1 (3)
Sorely and Skarvans <sup>20</sup>	22	2 (9)	2 (90)	0	1 (5)
Persson series <sup>21</sup>	51	21 (41)	12 (51)	1 (10)	1 (2)
Totals	285	133 (46)	120 (92)	11 (8)	2 (1)

## Small Renal Masses Progressing to Metastases Under Active Surveillance

A Systematic Review and Pooled Analysis

Cancer February 15, 2012

Marc C. Smaildone, MD<sup>1</sup>, Alexander Kutikov, MD<sup>1</sup>, Brian L. Egleston, MPP, PhD<sup>2</sup>, Daniel J. Canter, MD<sup>1</sup>, Rosalia Viterbo, MD<sup>1</sup>, David Y. T. Chen, MD<sup>1</sup>, Michael A. Jewett, MD<sup>1</sup>, Richard E. Greenberg, MD<sup>1</sup>, and Robert G. Uzzo, MD<sup>1</sup>

18 studies

880 patients - 936 renal masses

18 progressions to mets (2%)  
after a mean follow-up of 40.2 months

Mean linear growth rate: 0.31 cm/year  
Mean volume growth rate: 6.3 cm<sup>3</sup>/year

## Active Surveillance of Small Renal Masses: Progression Patterns of Early Stage Kidney Cancer

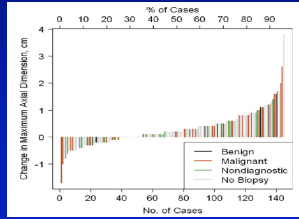
Michael A.S. Jewett<sup>a,c</sup>, Kamal Mattar<sup>a</sup>, Joan Bastak<sup>a</sup>, Christopher G. Morash<sup>b</sup>, Stephen E. Pautler<sup>c</sup>, D. Robert Siemens<sup>d</sup>, Simon Tangway<sup>e</sup>, Ricardo A. Rendon<sup>f</sup>, Martin E. Cleave<sup>g</sup>, Darrel E. Drachenberg<sup>h</sup>, Raymond Chow<sup>h</sup>, Hannah Chung<sup>h</sup>, Joseph L. Chin<sup>h</sup>, Neil E. Fleshner<sup>h</sup>, Andrew J. Evans<sup>h</sup>, Brenda L. Gallie<sup>h</sup>, Masoom A. Haider<sup>h</sup>, John R. Kachura<sup>h</sup>, Ghada Karban<sup>h</sup>, Kimberly Fernandes<sup>h</sup>, Antonio Finelli<sup>h</sup>

209 incidental SRMs (<4 cm)

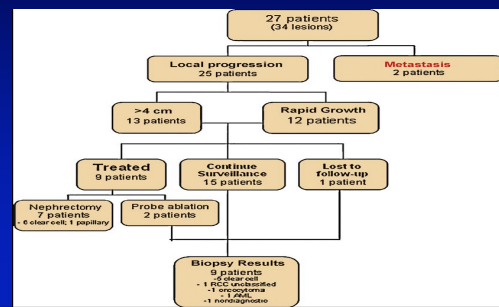
Mean size 2.1 cm (0.4-4)

Mean follow-up 28 mo (1-60)

Mean growth rate 0.13 cm/year



## Active Surveillance of Small Renal Masses: Progression Patterns of Early Stage Kidney Cancer



## Active Surveillance for Localized Renal Masses: Tumor Growth, Delayed Intervention Rates, and >5-yr Clinical Outcomes

Andrew G. McIntosh<sup>a,b,c</sup>, Benjamin T. Ristau<sup>b,c</sup>, Karen Ruth<sup>b</sup>, Rachel Jennings<sup>d</sup>, Eric Ross<sup>e</sup>, Marc C. Smaildone<sup>b</sup>, David Y.T. Chen<sup>b</sup>, Rosalia Viterbo<sup>b</sup>, Richard E. Greenberg<sup>b</sup>, Alexander Kutikov<sup>b</sup>, Robert G. Uzzo<sup>b</sup>

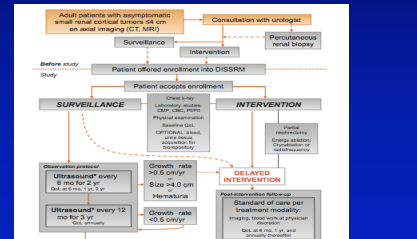
**Results and limitations:** Median follow-up was 67 mo (interquartile range [IQR] 41–94 mo) for surviving patients. Cumulative incidence of DI ( $n = 153$ ) after 1, 2, 3, 4, and 5 yr was 9%, 22%, 29%, 35%, and 42%, respectively. Median initial maximum tumor dimension was 2.1 cm (IQR 1.5–3.1 cm). Median iLGR and overall LGR were 1.9 (IQR 0–7) and 1.9 (IQR 0.3–4.2) mm/yr, respectively. Compared with the no growth group, low iLGR (hazard ratio [HR] 1.25, 95% cumulative incidence [CI] 0.82–1.91), moderate iLGR (HR 2.1, 95% CI 1.31–3.36), and high iLGR (HR 1.87, 95% CI 1.23–2.84) were associated with DI ( $p = 0.003$ ). The iLGR was not associated with OS ( $p = 0.8$ ). DI was not associated with OS (HR 1.34, 95% CI 0.79–2.29,  $p = 0.3$ ). Five-year cancer-specific mortality (CSM) was 1.2% (95% CI 0.4–2.8%). Of 99 patients on AS without DI for >5 yr, one patient metastasized.

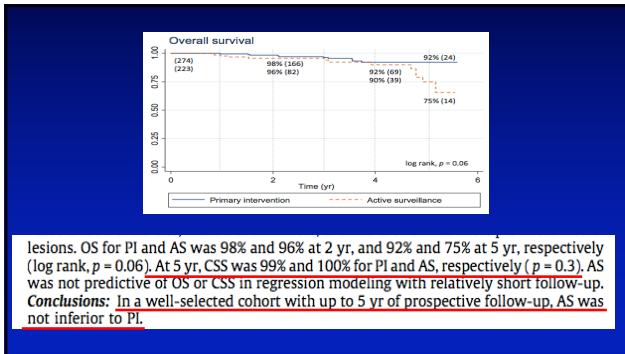
**Conclusions:** At >5 yr, AS ± DI is a successful strategy in carefully managed patients. DI often occurs in the first 2–3 yr, becoming less likely over time. Rare metastasis and low CSM rates should reassure physicians that AS is safe in the intermediate to long term.

## Five-year Analysis of a Multi-institutional Prospective Clinical Trial of Delayed Intervention and Surveillance for Small Renal Masses: The DISSRM Registry

Philip M. Pierorazio<sup>a,c</sup>, Michael H. Johnson<sup>a</sup>, Mark W. Ball<sup>a</sup>, Michael A. Gorin<sup>a</sup>, Bruce J. Trock<sup>a</sup>, Peter Chang<sup>b</sup>, Andrew A. Wagner<sup>b</sup>, James M. McKiernan<sup>b</sup>, Mohamad E. Allaf<sup>a</sup>

<sup>a</sup>The James Buchanan Brady Urological Institute and Department of Urology, Johns Hopkins Medicine, Baltimore, MD, USA; <sup>b</sup>Division of Urology, Beth Israel Deaconess Medical Center, Boston, MA, USA; <sup>c</sup>Department of Urology, Columbia University Medical Center, New York, NY, USA

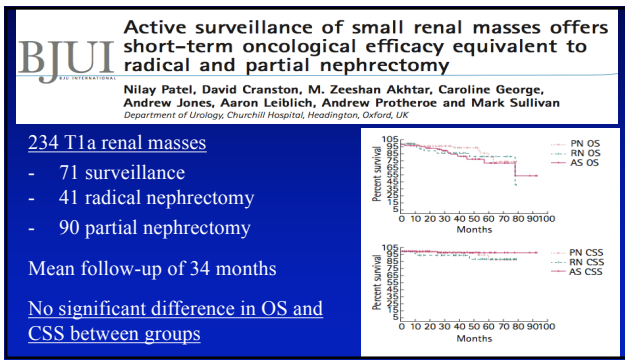
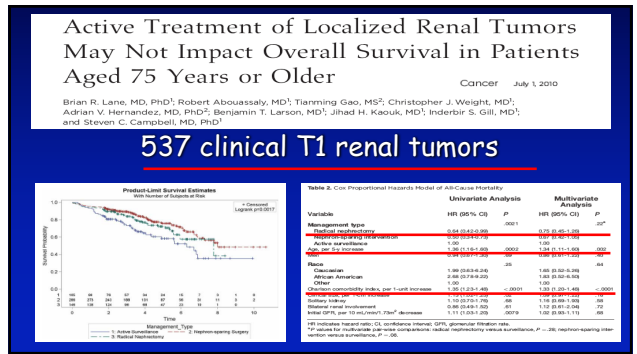
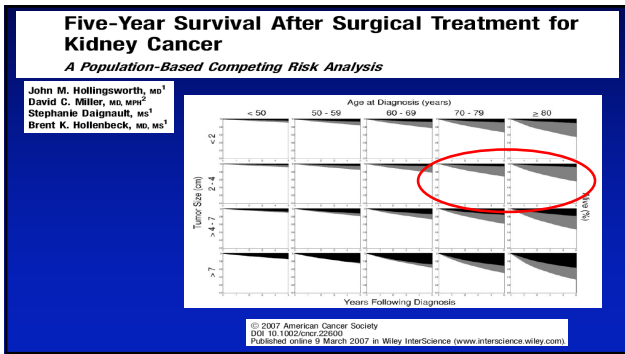




lesions. OS for PI and AS was 98% and 96% at 2 yr, and 92% and 75% at 5 yr, respectively (log rank,  $p = 0.06$ ). At 5 yr, CSS was 99% and 100% for PI and AS, respectively ( $p = 0.3$ ). AS was not predictive of OS or CSS in regression modeling with relatively short follow-up. **Conclusions:** In a well-selected cohort with up to 5 yr of prospective follow-up, AS was not inferior to PI.

## WHITMORE APHORISM

Is it possible to cure renal cancer when it is necessary and is it necessary to cure renal cancer when it is possible?



### Management of Localized Kidney Cancer: Calculating Cancer-specific Mortality and Competing Risks of Death for Surgery and Nonsurgical Management

Maxine Sun<sup>a,b,f,\*</sup>, Andreas Becker<sup>a,c,1</sup>, Zhe Tian<sup>a</sup>, Florian Roghmann<sup>a,d</sup>, Firas Abdallah<sup>a,e</sup>, Alexandre Larouche<sup>a</sup>, Pierre I. Karakiewicz<sup>a,d</sup>, Quoc-Dien Trinh<sup>a,d</sup>

<sup>a</sup>Cancer Prognostics and Health Outcomes Unit, University of Montreal Health Center, Montreal, Canada; <sup>b</sup>Department of Public Health, Faculty of Medicine, University of Montreal, Montreal, Canada; <sup>c</sup>Martini-Clinic, Prostate Cancer Center Hamburg-Eppendorf, Hamburg, Germany; <sup>d</sup>Department of Urology, Universitätsklinik Martini-Hospital, Herne, Germany; <sup>e</sup>Department of Urology, Vita-Salute San Raffaele University, Milan, Italy; <sup>f</sup>Department of Urology, University of Montreal Health Center, Montreal, Canada

	PN vs NSM, HR (CI)	p value	RN vs NSM, HR (CI)	p value
<b>Cancer-specific mortality</b>				
<b>Primary diagnoses</b>				
Entire cohort, n = 10 595	0.45 (0.24-0.83)	0.01	0.58 (0.35-0.96)	0.03
T1a, n = 6443	0.41 (0.18-0.91)	0.03	0.47 (0.23-0.98)	0.04
<b>Subanalyses</b>				
>75 yr, n = 4830	0.48 (0.20-1.14)	0.1	0.57 (0.32-1.03)	0.1
T1a and >75 yr, n = 2873	0.39 (0.13-1.08)	0.1	0.40 (0.16-1.01)	0.1
<b>Other-cause mortality</b>				
<b>Primary diagnoses</b>				
Entire cohort, n = 10 595	0.51 (0.37-0.69)	<0.001	0.59 (0.45-0.79)	0.03
T1a, n = 6443	0.48 (0.32-0.70)	<0.001	0.61 (0.43-0.87)	0.006
<b>Subanalyses</b>				
>75 yr, n = 4830	0.55 (0.36-0.83)	0.004	0.61 (0.42-0.89)	0.01
T1a and >75 yr, n = 2873	0.47 (0.28-0.77)	0.003	0.56 (0.35-0.89)	0.02

**Guidelines on Renal Cell Carcinoma**

European Association of Urology Guidelines

Recommendation	grade
Offer active surveillance, radiofrequency ablation and cryoablation to elderly and/or comorbid patients with small renal masses.	weak ↑

**Guideline for Management of the Clinical T1 Renal Mass**

Steven C. Campbell,\*,† Andrew C. Novick,‡ Arie Beldegrun,§ Michael L. Blute, George K. Chow,¶ Itamar H. Derweesh,|| Marina M. Faraday,|| Jihad H. Kaouk,|| Raymond J. Lovelace,|| Surena F. Matin,\*\* Paul Russo†† and Robert G. Uzzo‡‡

**Active surveillance is a reasonable option for the management of localized renal masses that should be discussed with all patients and should be a primary consideration for patients with decreased life expectancy or extensive comorbidities that would make them high risk for intervention<sup>20,21</sup>. For patients who are**

**Kidney Cancer**

Patients in satisfactory medical condition should undergo surgical excision of stage I through III tumors. However, a small set of elderly or infirm patients with small tumors may be treated successfully with energy ablative techniques, such as radiofrequency ablation or cryoablation (22,23).

## ACTIVE SURVEILLANCE OF SRMs

### Limitations of clinical evidence

- Short-intermediate term follow-up outcomes
- Lack of standardized criteria to indicate delayed intervention
- Limited information on patient's QoL and anxiety
- Lack of pathological diagnosis in most cases

## European Active Surveillance of Renal Cell Carcinoma

EASE STUDY

Multicentre prospective study of active surveillance of small, histologically confirmed RCCs

Standardized indications, follow-up, criteria for progression and to indicate delayed intervention

## European Active Surveillance of Renal Cell Carcinoma

EASE STUDY

### PRIMARY OBJECTIVE

To assess overall survival of patients with incidental, histologically biopsy-confirmed <4 cm renal cell carcinomas managed conservatively with active surveillance

### SECONDARY OBJECTIVES

- To demonstrate that OS is not significantly different compared to OS of the general population with similar age and co-morbidities and without RCC
- To assess growth and progression rate of small RCCs
- To assess cancer-specific and progression-free survival of patients with small RCCs in AS
- To identify genetic and molecular biomarkers of fast tumor progression and metastases

### INCLUSION CRITERIA

- Males or females, age ≥ 18 years.
- Incidental diagnosis of a <4 cm solid renal mass
- Histologically confirmed RCC by percutaneous needle biopsy at diagnosis
- Patients unfit for active treatment due to advanced age, or co-morbidity or choosing to avoid active treatment
- Preparedness to comply with percutaneous tumor biopsy and a close follow-up protocol



## STUDY CALENDAR

	Baseline	Mth 3	Mth 6	Mth 12	Mth 18	Mth 24	Mth 30	Mth 36	Yearly	Yp <sup>1</sup>
Informed consent	X									
Demographics	X									
Medical History	X	X	X	X	X	X	X	X	X	X
Concurrent medications	X	X	X	X	X	X	X	X	X	X
Charlson Comorbidity Index	X	X	X	X	X	X	X	X	X	X
ECOG Performance status	X	X	X	X	X	X	X	X	X	X
EDTC Q1-C250/ HADS	X	X	X	X	X	X	X	X	X	X
Physical exam	X	X	X	X	X	X	X	X	X	X
BMI (weight and length)	X	X	X	X	X	X	X	X	X	X
Serum creatinine/eGFR	X	X	X	X	X	X	X	X	X	X
Cell blood count	X	X	X	X	X	X	X	X	X	X
Liver functions	X	X	X	X	X	X	X	X	X	X
Abdominal imaging	X	X	X	X	X	X	X	X	X	X
Chest imaging	X	X	X	X	X	X	X	X	X	X
Blood collection and storage	X	X	X	X	X	X	X	X	X	X
Urine Collection and storage <sup>2</sup>	X	X	X	X	X	X	X	X	X	X
Percutaneous needle biopsy	X									X <sup>3</sup>
Tumor tissue storage	X									X <sup>3</sup>
Pathological images upload	X									X <sup>3</sup>

## TUMOR PROGRESSION

Patients will be followed until

- Tumor progression
  - tumor volume doubling time < 12 months
  - maximum tumor diameter > 4 cm
  - increase in TNM stage
  - unequivocal evidence of distant metastases
  - development of tumor related symptoms requiring surgical or other treatment

## CENTRES INVOLVED

65 centres invited [ale.volpe@mc.com](mailto:ale.volpe@mc.com)

Italy, France, United Kingdom, The Netherlands, Spain, Portugal, Austria, Germany, Switzerland, Ireland, Sweden, Finland, Norway, Iceland, Argentina, Hong Kong

27 centres submitted protocol for ethics approval

17 centres obtained ethics approval

16 centres are actively recruiting

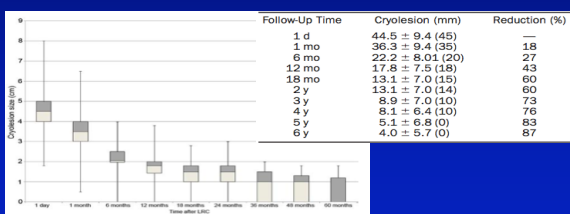
TARGET POPULATION: 400 patients

## RCC NON SURGICAL MANAGEMENT

- ABLATIVE THERAPY
  - PERCUTANEOUS or LAP-ASSISTED
  - "freezing" or "heating"
    - CRYOABLATION
    - RADIOFREQUENCY ABLATION (RFA)
    - MICROWAVE ABLATION, HIFU...

## Oncologic Results of Laparoscopic Renal Cryoablation for Clinical T1a Tumors: 8 Years of Experience in a Single Institution

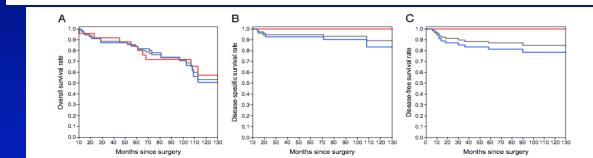
Giorgio Guazzoni, Andrea Cestari, Nicolòmaria Buffi, Giovanni Lughezzani, Luciano Nava, Gianpiero Cardano, Giuseppe Balconi, Massimo Lazzari, Francesco Montorsi, and Patrizio Rigatti



## Laparoscopic Renal Cryoablation: 8-Year, Single Surgeon Outcomes

Monish Aron,\* Kazumi Kamoi, Erick Remer, Andre Berger, Mihir Desai and Inderbir Gill

From the Departments of Urology and Radiology, Cleveland Clinic, Cleveland, Ohio (KK, ER), and Catherine and Joseph Arasty Department of Urology, University of Southern California Institute of Urology, Keck School of Medicine, University of Southern California, Los Angeles, California



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Vol. 183, 889-895, March 2010  
Printed in U.S.A.  
DOI:10.1016/j.juro.2009.11.041

[www.jurology.com](http://www.jurology.com)

### Radiofrequency Ablation Versus Partial Nephrectomy in Patients with Solitary Clinical T1a Renal Cell Carcinoma: Comparable Oncologic Outcomes at a Minimum of 5 Years of Follow-Up

Ephrem O. Olweny<sup>a</sup>, Samuel K. Park<sup>a</sup>, Yung K. Tan<sup>a</sup>, Sara L. Best<sup>a</sup>, Clayton Trimmer<sup>b</sup>, Jeffrey A. Caddeu<sup>a,\*</sup>

**91.8% (p = 0.35), respectively. Study limitations are retrospective data analysis, loss to follow-up, limited statistical power, and limited generalizability of our data.**

### Laparoscopic Cryoablation Versus Partial Nephrectomy for the Treatment of Small Renal Masses: Systematic Review and Cumulative Analysis of Observational Studies

Tobias Klatt<sup>a,\*</sup>, Bernhard Grubmüller<sup>a</sup>, Matthias Waldert<sup>a</sup>, Peter Weibl<sup>a</sup>, Mesut Remzi<sup>b</sup>

Covariate	Local progression			Metastatic progression		
	RR	95% CI	p	RR	95% CI	p
LCA vs PN	5.24	2.67-10.28	<0.001	1.86	0.36-9.65	0.465
Mean age	0.98	0.93-1.03	0.443	0.98	0.84-1.13	0.779
Mean size	1.85	1.23-2.78	0.003	1.02	0.38-2.70	0.970
Mean follow-up	0.99	0.98-1.00	0.200	1.00	0.98-1.02	0.272

RR = risk ratio; CI = confidence interval; LCA = laparoscopic cryoablation; PN = partial nephrectomy.  
LCA and greater tumor sizes were independent adverse predictors of local progression. RRs with 95% CIs are presented.

### Laparoscopic Cryoablation Versus Partial Nephrectomy for the Treatment of Small Renal Masses: Systematic Review and Cumulative Analysis of Observational Studies

Tobias Klatt<sup>a,\*</sup>, Bernhard Grubmüller<sup>a</sup>, Matthias Waldert<sup>a</sup>, Peter Weibl<sup>a</sup>, Mesut Remzi<sup>b</sup>

### Comparison of Laparoscopic and Percutaneous Cryoablation for Treatment of Renal Masses

Eric H. Kim, Youssef S. Tanagho, Nael E. Saad, Sam B. Bhayani, and R. Sherburne Figenschau

### Comparison of Laparoscopic and Percutaneous Cryoablation for Treatment of Renal Masses

Eric H. Kim, Youssef S. Tanagho, Nael E. Saad, Sam B. Bhayani, and R. Sherburne Figenschau

Mean length of stay was shorter for patients undergoing PCA as compared with LCA. Complication rates and decline in renal function at most recent follow-up were similar between groups. Oncologic outcomes were influenced by baseline patient and tumor characteristics rather than the cryoablation approach. *UROLOGY* 83: 1081-1087, 2014. © 2014 Elsevier Inc.

Variable	Overall Survival			Recurrence-free Survival		
	HR	95% CI	P	HR	95% CI	P
LCA vs PCA	1.42	0.68-2.97	.36	1.11	0.45-2.73	.82
Tumor size ≥3 cm	1.58	0.91-2.72	.10	2.85	1.33-6.10	<.01
Age-adjusted CCI ≥6	2.17	1.18-4.00	.01	0.57	0.25-1.14	.11
BMI ≥30 kg/m <sup>2</sup>	1.05	0.63-1.76	.84	2.35	1.20-4.58	.01
Preoperative eGFR ≥60 mL/min/1.73 m <sup>2</sup>	0.58	0.33-0.91	.02	1.47	0.73-2.97	.29
Hospital stay ≥3 days	1.40	0.78-2.51	.26	1.27	0.57-2.85	.56
Tumor depth	1.77	0.93-3.37	.08	2.88	1.03-6.48	.04
Tumor anteroposterior location	1.36	0.76-2.45	.30	1.07	0.47-2.43	.88
Tumor polarity	1.49	0.80-2.76	.21	0.51	0.22-1.18	.12
Tumor stage >T1a	1.42	0.56-3.62	.46	1.97	0.71-5.45	.19
Multiple tumors treated	0.68	0.27-1.70	.41	1.07	0.35-3.33	.90
Hilar location	0.91	0.43-1.94	.81	1.89	0.86-4.18	.11

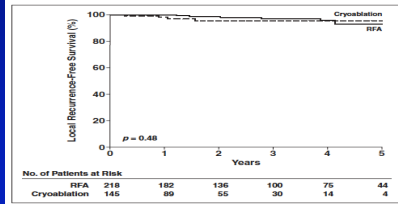
### Comparison of Safety, Renal Function Outcomes and Efficacy of Laparoscopic and Percutaneous Radio Frequency Ablation of Renal Masses

Ezekiel E. Young, Scott M. Castle, Vladislav Gorbatiy and Raymond J. Leveillee\*,†

From the Department of Urology, Division of Endourology, Laparoscopy, and Minimally Invasive Surgery, University of Miami, Miller School of Medicine, Miami, Florida

**Conclusions:** Laparoscopic and computerized tomography guided radio frequency ablation appear safe and effective with statistically equivalent rates of complications and recurrence.

### Percutaneous Ablation of Renal Masses Measuring 3.0 cm and Smaller: Comparative Local Control and Complications After Radiofrequency Ablation and Cryoablation



Thomas D. Atwell<sup>1</sup>  
 Grant D. Schmit<sup>1</sup>  
 Stephen A. Boorjian<sup>2</sup>  
 Jay Mandrekar<sup>3</sup>  
 A. Nicholas Kurup<sup>1</sup>  
 Adam J. Weisbrod<sup>1</sup>  
 George K. Chow<sup>2</sup>  
 Bradley C. Leibovich<sup>2</sup>  
 Matthew R. Callstrom<sup>1</sup>  
 David E. Patterson<sup>2</sup>  
 Christine M. Lohse<sup>4</sup>  
 R. Houston Thompson<sup>2</sup>

Fig 1—Local recurrence-free survival for tumors treated with radiofrequency ablation (RFA) and cryoablation, including patients at risk.

### ABLATIVE THERAPIES Current limitations

Mainly retrospective series – short/intermediate follow-up

Lack of histology in a proportion of cases

Risk of “tumor skipping”

Lack of standardized criteria to define treatment success

Limited data on long term oncological outcomes

### EAU Guidelines on Renal Cell Carcinoma

Recommendation	Strength rating
Offer active surveillance, radiofrequency ablation and cryoablation to elderly and/or comorbid patients with small renal masses.	Weak



### EAU Guidelines on Renal Cell Carcinoma

The quality of the available data does not allow any definitive conclusions regarding morbidity and oncological outcomes of cryoablation and radiofrequency ablation.	3
Low quality studies suggest a higher local recurrence rate for minimally invasive therapies compared to partial nephrectomy.	3

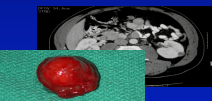


### Patient selection

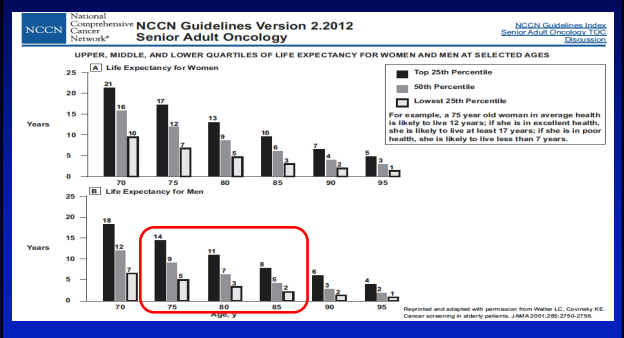
### HOW TO SELECT PATIENTS FOR NON SURGICAL MANAGEMENT?



Patient features



Tumor features



**BJUI** **Can we avoid surgery in elderly patients with renal masses by using the Charlson comorbidity index?**  
 Kevin M. O'Connor, Niall Davis, Gerry M. Lennon, David M. Quinlan and David W. Mulvin  
 Department of Urology, St. Vincent's University Hospital, Dublin, Ireland  
 Accepted for publication 25 September 2008

Elderly patients with small renal tumours (T1a) and comorbidity scores of  $\geq 3$  were more likely to die as a result of their comorbidities rather than the renal tumour.

**JOURNAL OF CLINICAL ONCOLOGY** ORIGINAL REPORT  
 J Clin Oncol 28:311-317. © 2009 by American Society of Clinical Oncology  
 Evaluating Overall Survival and Competing Risks of Death in Patients With Localized Renal Cell Carcinoma Using a Comprehensive Nomogram  
 Alexander Kutikov, Brian L. Eggleston, Yu-Siung Wong, and Robert G. Utzo

80 yo white male with a 1.6 cm ccRCC has:  
 20% 5y risk of non RCC death  
 16% 5y risk of other cancer death  
 2% 5y risk of RCC death

**TRADITIONAL IMAGING**

- High, but not excellent accuracy for the diagnosis of malignancy
- Poor ability to differentiate oncocytomas and "fat free" epithelioid angiomyolipomas

**Renal oncocytoma: CT features cannot reliably distinguish oncocytoma from other renal neoplasms**  
 Clinical Radiology (2009) 64, 517-522  
 S. Choudhary<sup>a</sup>, A. Rajesh<sup>a,\*</sup>, N.J. Mayer<sup>a</sup>, K.A. Mulcahy<sup>a</sup>, A. Haroon<sup>a</sup>  
 Departments of <sup>a</sup>Radiology, and <sup>b</sup>Pathology, University Hospitals of Leicester NHS Trust, Leicester General Hospital, Leicester, UK

CONCLUSION: Renal oncocytoma is typically described as being hypervascular and homogeneous, with a characteristic central stellate scar on CT. The present study demonstrates that these imaging features are found in only a small proportion of these tumours. Therefore, imaging characteristics alone are unreliable when differentiating between oncocytoma and renal cell carcinoma, and histopathological diagnosis remains the reference standard.

**DIFFUSION WEIGHTED MRI**

**Renal Cell Carcinoma: Diffusion-weighted MR Imaging for Subtype Differentiation at 3.0 T<sup>1</sup>**  
 Wang et al  
 Radiology  
 2010

In conclusion, clear cell and non-clear cell RCCs possess different diffusion characteristics that can be distinguished with high sensitivity and specificity when *b* values of 0 and 800 sec/mm<sup>2</sup> are used to calculate the ADC, potentially improving the accuracy of pretreatment diagnosis and selection of clinical therapy.

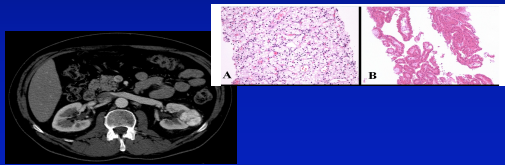
Contents lists available at ScienceDirect  
**European Journal of Radiology**  
 ELSEVIER  
 journal homepage: www.elsevier.com/locate/ejrad

Utility and limitations of 3-Tesla diffusion-weighted magnetic resonance imaging for differentiation of renal tumors  
 S. Sevensen<sup>a,1</sup>, G. Heinz-Pee<sup>a,2</sup>, L. Panhold<sup>a,2</sup>, D. Javor<sup>a,2</sup>, F.E. Kuehhas<sup>a,1</sup>, H.C. Klingler<sup>a,1</sup>, M. Reme<sup>a,1</sup>, P. Weib<sup>a,1</sup>, S.F. Shariat<sup>a,1</sup>, P.A. Balzer<sup>a,1</sup>  
<sup>a</sup> Medical University of Vienna, Dept. of Urology, Waehringer Guertel 18-20, 1090 Vienna, Austria  
<sup>1</sup> Medical University of Vienna, Dept. of Biomedical Imaging and Image-guided Therapy, Waehringer Guertel 18-20, 1090 Vienna, Austria

Pathological Grading

## IMAGING

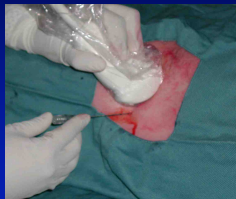
No significant ability to assess tumor aggressiveness



We need serum, urine or tissue markers of tumor aggressiveness

We need better histological definition by percutaneous needle biopsy

- Malignancy
- Histotype
- Grade
- Genetic and molecular characteristics



### Rationale for Percutaneous Biopsy and Histologic Characterisation of Renal Tumours

Alessandro Volpe<sup>a,\*</sup>, Antonio Finelli<sup>b</sup>, Inderbir S. Gill<sup>c</sup>, Michael A.S. Jewett<sup>b</sup>, Guido Martignoni<sup>d</sup>, Thomas J. Polascik<sup>e</sup>, Mesut Remzi<sup>f</sup>, Robert G. Uzzo<sup>g</sup>

	No. of tumours biopsied	Image guidance	No. of significant complications (%)	No. of seeding (%)	No. of significant bleeding (%)
Neuzillet et al. [8]	88	CT	0	0	0
Shannon et al. [9]	235	CT/US	2 (0.9)	0	2 (0.9)
Schmidbauer et al. [10]	78	CT	1 (1.3)	0	0
Leberer et al. [11]	119	CT/US	0	0	0
Maturen et al. [12]	152	CT/US	2 (1.3)	0	2 (1.3)
Volpe et al. [13]	100	CT/US	1 (1)	0	0
Wang et al. [14]	110	CT/US	2 (1.8)	0	1 (0.9)
Veitri et al. [15]	150	US	0	0	0
Leveridge et al. [16]	345	CT/US	1 (0.3)	0	1 (0.3)

	No. of tumours biopsied	Diagnostic biopsies, %	Accuracy for malignancy, %	Accuracy for RCC subtyping, %	Accuracy for grading, %
Neuzillet et al. [8]	88	91	92	92	69.8
Shannon et al. [9]	235	78	100	98	NR
Schmidbauer et al. [10]	78	97	Sensitivity 93.5	91	76
Leberer et al. [11]	119	79	Specificity 100	NR	46/74*
Maturen et al. [12]	152	96	Sensitivity 97.7	NR	NR
Volpe et al. [13]	100	84	100	100	66/75**
Wang et al. [14]	110	90.9	100	96.6	NR
Veitri et al. [15]	103	100	NR	93.2	NR
Leveridge et al. [16]	345	89.6	99.7	98	63.5

## ACCURACY OF RENAL TUMOR BIOPSY

Assessment of accuracy is limited

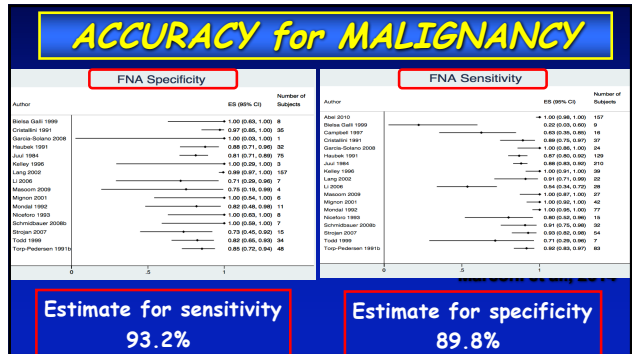
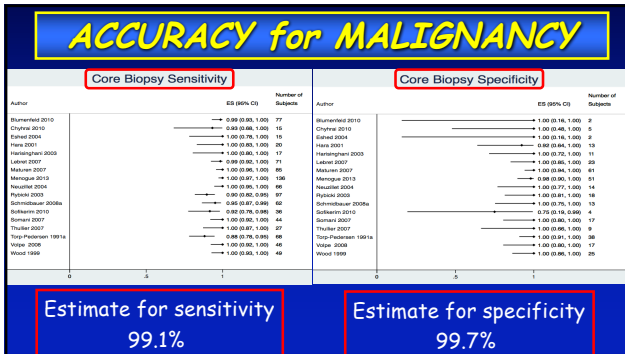
- Most studies are retrospective and single institutional
- Populations are different or mixed (SRMs - mRCC)
- Different biopsy schemes are used
- Lack of the ideal reference standard in many cases

### Systematic Review and Meta-analysis of Diagnostic Accuracy of Percutaneous Renal Tumour Biopsy

Lorenzo Marconi<sup>a</sup>, Saeed Dabestani<sup>b</sup>, Thomas B. Lam<sup>c</sup>, Fabian Hofmann<sup>d</sup>, Fiona Stewart<sup>e</sup>, John Norrie<sup>f</sup>, Axel Bex<sup>g</sup>, Karim Bensalah<sup>h</sup>, Steven E. Canfield<sup>i</sup>, Milan Hora<sup>j</sup>, Markus A. Kuczyk<sup>k</sup>, Axel S. Merseburger<sup>l</sup>, Peter F.A. Mulders<sup>m</sup>, Thomas Powles<sup>n</sup>, Michael Staehler<sup>o</sup>, Borje Ljungberg<sup>p</sup>, Alessandro Volpe<sup>q,\*</sup>

<sup>a</sup>Department of Urology, Coimbra University Hospital, Coimbra, Portugal; <sup>b</sup>Department of Urology, Skåne University Hospital, Malmö, Sweden; <sup>c</sup>Academic Urology Unit, University of Aberdeen, Aberdeen, UK; <sup>d</sup>Department of Urology, Sunderby Hospital, Sunderby, Sweden; <sup>e</sup>Health Services Research Unit, University of Aberdeen, UK; <sup>f</sup>Department of Urology, The Netherlands Cancer Institute, Antoni van Leeuwenhoek Hospital, Amsterdam, The Netherlands; <sup>g</sup>Department of Urology, University of Rennes, Rennes, France; <sup>h</sup>Division of Urology, University of Texas Medical School at Houston, Houston, TX, USA; <sup>i</sup>Department of Urology, Faculty Hospital and Faculty of Medicine in Pilsen, Charles University in Prague, Prague, Czech Republic; <sup>j</sup>Department of Urology and Urologic Oncology, Hannover Medical School, Hannover, Germany; <sup>k</sup>Department of Urology, University Hospital Schleswig-Holstein, Lübeck, Germany; <sup>l</sup>Department of Urology, Radboud University, Nijmegen, The Netherlands; <sup>m</sup>Barts Cancer Institute, Queen Mary University of London, St. Bartholomew's Hospital, London, UK; <sup>n</sup>Department of Urology, Ludwig-Maximilians-University, Munich, Germany; <sup>o</sup>Department of Surgical and Perioperative Sciences, Urology and Andrology, Umeå University, Umeå, Sweden; <sup>p</sup>Division of Urology, Maggiore della Carità Hospital, University of Eastern Piedmont, Novara, Italy





### Rationale for Percutaneous Biopsy and Histologic Characterisation of Renal Tumours

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Author	No. of tumour biopsied	Diagnostic biopsies, %	Accuracy for malignancy, %	Accuracy for RCC subtyping, %	Accuracy for grading, %
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Lebre et al. [11]	119	79	86	86	46/74 <sup>++</sup>
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Volpe et al. [13]	100	84	100	100	66.7/75 <sup>++</sup>
Wang et al. [14]	110	90.9	100	96.6	NR
Veltri et al. [15]	103	100	NR	93.2	NR
Leveridge et al. [16]	345	80.6	99.7	88	63.5

SYSTEMATIC REVIEW  
Median **concordance rate 90.3%** (96% for SRMs)

### Can Renal Biopsy Accurately Predict Histological Subtype and Fuhrman Grade of Renal Cell Carcinoma?

Ingrid Millet, Fernanda Curros, Isabelle Serre, Patrice Taourel\* and Rodolphe Thuret

No. RCC with Grading Possible	% Accurate Diagnosis	% Accurate Diagnosis Low Grade/High Grade	
		Low Grade	High Grade
52	70	80	80
52	46	74	74
67	43	64	64
12	66	75	75
46	66	66	66
61	75	93	93

SYSTEMATIC REVIEW  
median concordance rate  
**62.5%** (4-tier system) → **87%** (2-tier system)

## PRECISION MEDICINE

**Precision medicine** is a medical model that proposes the customization of healthcare with medical decisions, treatment and practices tailored to the individual patient

Diagnostic testing is employed for selecting appropriate and optimal therapies based on genetic or other molecular or cellular analysis, imaging and analytics

## PRECISION MEDICINE in RCC

**HIGH RISK/ADVANCED/METASTATIC DISEASE**

- Indications for adjuvant therapy after nephrectomy
- Indications for cytoreductive nephrectomy in mRCC
- Selection of the optimal targeted / IO therapy

**LOCALIZED DISEASE**

- Indications for non-surgical management in select patients
- Indications for NSS in larger tumors (T1b-T2)
- Indications for lymph node dissection in high-risk disease

**Guidelines on Renal Cell Carcinoma**  
 European Association of Urology Guidelines  
 B. Ljungberg (chair), K. Bensalah, A. Bex (vice-chair), S. Canfield, S. Dabestani, F. Hofmann, M. Hora, M.A. Kuczyk, T. Lam, S. Marconi, A.P. Marschberger, P.C.A. Mulders, T. Powles, M. Stachler, A. Udelsman

**RENAL TUMOR BIOPSY**

Perform a renal tumour biopsy before ablative therapy and systemic therapy without previous pathology.	Strong
Perform a percutaneous biopsy in select patients who are considered for active surveillance.	Weak
Use a coaxial technique when performing a renal tumour biopsy.	Strong
Do not perform a renal tumour biopsy of cystic renal masses.	Strong
Use a core biopsy technique rather than fine needle aspiration for histological characterisation for solid renal tumours.	Strong

**EASE TRANSLATIONAL STUDY OBJECTIVES**

To identify clinical and pathological prognostic factors of fast growth rate and progression for small RCCs

To identify tissue, serum and urine molecular and genetic predictive biomarkers of fast growth and progression of small RCCs

**RCC HETEROGENEITY**

CLINICAL HETEROGENEITY

HISTOLOGICAL HETEROGENEITY

- Intertumoral / Intratumoral
- Histotype / Grade

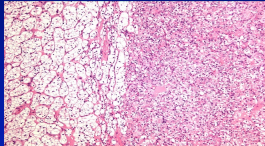
MOLECULAR GENETIC HETEROGENEITY

- Intertumoral / Intratumoral

**INTRATUMORAL HETEROGENEITY**

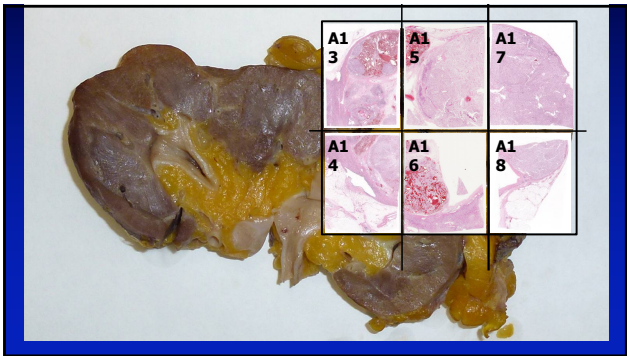
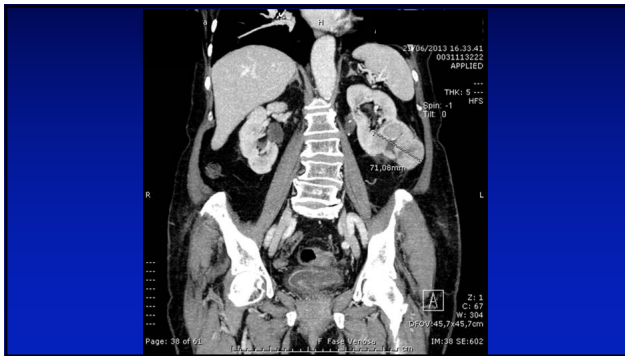
The slides of 43 <3 cm surgically removed ccRCCs were reviewed by a single GU pathologist

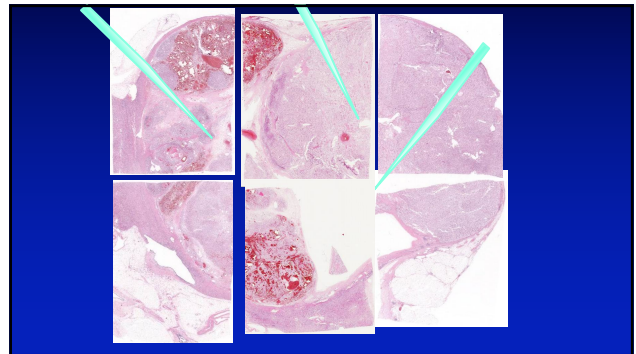
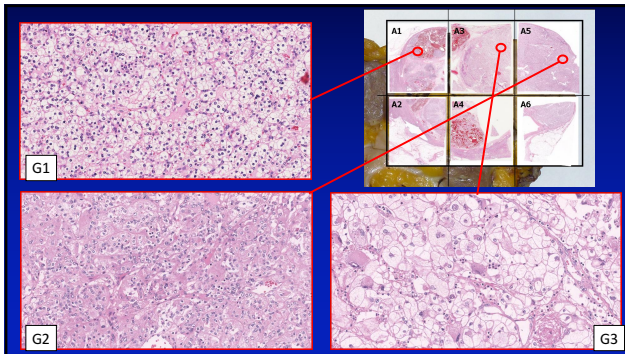
The presence of Fuhrman grade heterogeneity (I-II vs. III-IV) in different areas of the same tumor was assessed



**7/43 tumors (16%) intratumoral heterogeneity**

Volpe and Jewett, unpublished data, 2004





**The NEW ENGLAND JOURNAL of MEDICINE**  
ESTABLISHED IN 1812      MARCH 8, 2012      VOL. 366      NO. 10

**Intratumor Heterogeneity and Branched Evolution Revealed by Multiregion Sequencing**  
 Marco Gerlinger, M.D., Andrew J. Rowan, B.Sc., Stuart Horswell, M.Math., James Larkin, M.D., Ph.D., David Endersfelder, Dip.Math., Eva Coombs, Ph.D., Pierre Martinez, Ph.D., Nicholas Matthews, B.Sc., Angus Stewart, M.Sc., Patrick Tarpey, Ph.D., Ignacio Varela, Ph.D., Benjamin Phillimore, B.Sc., Sharmis Begum, M.Sc.

**CONCLUSIONS**  
 Intratumor heterogeneity can lead to underestimation of the tumor genomics landscape portrayed from single tumor-biopsy samples and may present major challenges to personalized-medicine and biomarker development. Intratumor heterogeneity, associated with heterogeneous protein function, may foster tumor adaptation and therapeutic failure through Darwinian selection. (Funded by the Medical Research Council and others.)

**BIOPSY PATTERN**

**ACCURACY AND CLINICAL ROLE OF FINE NEEDLE PERCUTANEOUS BIOPSY WITH COMPUTERIZED TOMOGRAPHY GUIDANCE OF SMALL (LESS THAN 4.0 CM) RENAL MASSES**  
 YANN NEUZILLET, ERIC LECHEVALIER, MARC ANDRE, LAURENT DANIEL AND CHRISTIAN COULANGE  
 From the Department of Urology, Hospital Salvator (YN, EL, CC), and Departments of Radiology (MA) and Pathology (LD), Hospital de la Timone, Marseille, France

previous study.<sup>4</sup> In this study we checked the quality of the core. **If core length was less than 10 mm or the core was torn we performed another biopsy. At least 2 whole core biopsies per tumor were obtained. In our current series of solid renal**

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**THE ACCURACY OF 250 FINE NEEDLE BIOPSIES OF RENAL TUMORS**  
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**sults we recommend 1 central and 1 peripheral biopsy in patients with renal lesions 4 cm or less in diameter and 2 peripheral biopsies guided by ultrasound in cases with renal tumors more than 4 cm in diameter. Since the larger the**

The diagrams illustrate the recommended biopsy strategies. The first diagram shows a central biopsy of a renal mass. The second diagram shows two peripheral biopsies of a larger renal mass, demonstrating the importance of sampling different areas of the tumor.

**MANAGEMENT OF SRMs**

The diagnosis of renal masses is increasing especially in the elderly population

A line graph showing the number of renal masses diagnosed in patients over 75 years old. The x-axis represents age (75-90) and the y-axis represents the number of renal masses. The data shows a clear upward trend, indicating that the diagnosis of renal masses is increasing with age, particularly in the elderly population.

A significant number of cT1 renal masses are benign tumors or RCCs with low aggressiveness

A line graph showing the management of cT1 renal masses. The x-axis represents the number of masses (1-10) and the y-axis represents the number of masses. The graph shows that a significant number of cT1 renal masses are benign tumors or RCCs with low aggressiveness, which may influence the management strategy.



### MANAGEMENT OF SRMs

Partial nephrectomy is the gold standard treatment

Radical nephrectomy is a reasonable choice in selected elderly patients with complex SRMs and normal preoperative renal function

Non surgical management should be discussed with elderly and comorbid patients with limited life expectancy and increased perioperative risk

### MANAGEMENT OF SRMs

Percutaneous biopsy should be increasingly used for decision making in elderly and comorbid patients with SRMs

Randomized studies or long term results of well designed prospective studies have the potential to better define the best management of SRMs in elderly/comorbid patients

### MANAGEMENT OF SRMs IN ELDERLY AND COMORBID PATIENTS

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